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islingtongiving.org.uk

Dear Neighbour,

This is an urgent request from the young people in your borough, to support projects that can change their lives.

As a proud Islington resident, I would say there are many great things about our borough. But without doubt, the most important are our sense of community and our concern for our young people.

So many of us have looked out for our neighbours over the past two years – and we have relied on each other to get through the tough times. But the pandemic has left young people more isolated than ever and, as a result, 1 in 3 disadvantaged children in London are experiencing anxiety and depression.

No-one knows what young people need better than they do. That's where Islington Giving, an independent local charity, steps in. Every year, we give a group of young people the chance to choose local projects to fund. These projects tackle issues important to them, finding safe spaces to meet, opportunities to try new things and access different networks and, of course, have fun.

But, with demand increasing daily, we are only able to fund 1 in every 4 projects. Which is why I'm asking for your support today. Please send a gift to help fund potentially life-changing activities.

100% of your gift will be used to give young people in Islington a better chance.

Islington Giving has funded vital projects right across the borough that give young people a safe space in which to learn more about themselves and what is possible. From a partnership with a Sadler's Wellsbased dance group, to Eat Club, exploring healthy eating and cooking skills, and a bike maintenance club run by a local policeman, which offers mentorship to young people at risk from street violence.

Importantly, Islington Giving is putting young people at the heart of decision making – turn over to read how it all happens from a Young Grant Maker, Michelle. I hope you'll be inspired by their commitment to changing the lives of young people, and how your support can give us all real hope for the future.

We're so grateful to our partner, Islington Council, for giving us this opportunity to share our appeal with you. We desperately need more local residents to support this vital work, so we can give more of our young people the opportunities they deserve – to learn skills, build confidence and feel less isolated and alone.

I know things are hard for many of us, but every gift no matter how small will make a difference.

Thank you, in advance, for your kindness today.

Sarah Benioff, Director Islington Giving

Sarah Benioff

£30

could pay for the ingredients for one Eat Club cooking class for a group of young people in Islington £60

could hire a studio for young people to use as a safe space for the 'Out The Box' programme £250

could provide a CV and job application workshop for 20 young people

### It couldn't be easier to help change a life today



Open your phone camera and hold it over this code to give right now!



Go online to donate at islingtongiving.org.uk



Turn over and fill in the form, then post it with your cheque to: Islington Giving, Young Grant Makers Appeal, 13 Elliott's Place, London N1 8HX

100% of all donations to this appeal will be managed by Islington Giving and will be restricted to our work with partner organisations working with children and young people in the borough.



# Help change





Scan <u>here</u> to give right now!

islingtongiving.org.uk



Fill in and return the form below with your cheque

Photo: 'Out the Box' group 2021 taken by Ellie Ramsden



## **Young Grant Maker Michelle**



"It's hard to navigate who you want to be and what you want to do in the future, and it can

feel really isolating if you don't know where to go for support. But young people do have a voice and can take the lead.

Last year I was part of a group of ten Young Grant Makers, and our job was to decide which of the 24 projects that had applied for grants we were going to fund.

We all came to the project with ideas about which issues were important, from our own experience and from friends and family. It was quite a long list! Things like anxiety and depression, lack of education, feeling isolated, not knowing about healthy food. And other specific things like living with disability and gender issues.

Working together to choose the projects we'd fund was an amazing experience. We learnt lots of facts about Islington, how to budget, how to negotiate with each other and interview techniques. And we really focussed on making sure young people were at the heart of each project, and that we could input into the ideas.

These programmes are really life changing. But we need more funding so we can support even more projects. If you can help, it will show young people that they're not alone, and we can offer even more activities that will make a difference to their lives.

Young Grant Makers gives us the power and a voice to provide lifechanging opportunities.

And 100% of anything you can give will be put to good use. I'm proud to say this because I've seen it happen."

Michelle is one of the Young Grant Makers who helped choose our 2021 projects.



#### A chance to get "Out The Box"

Breakin' Convention. Out The Box, funded by Islington Giving, gives a group of young Islington residents the chance to turn their creative sky's the limit!

The team is working with artistic mentors to plan, budget and create – gaining help them become professional creatives.

#### Right now, we can only fund 1 in 4 projects. Please show your support today.

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	Email:	Signature: Date:

- - Gift Aid could mean an extra 25p for every £1 you donate Yes, I am a UK taxpayer, and I want to Gift Aid my donation and any donations I make in the future, or have made to Islington Giving in the last 4 years. With this declaration, Islington Giving can reclaim 25p for every £1 that I give. I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations in that tax year, it is my responsibility to pay back the difference. giftaid it
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